



SCNY Synchro

**An Aspire Synchro Invitational Competition
for Snowplow Sam through Aspire Preliminary**

Presented by: The Skating Club of New York

Sanctioned by: United States Figure Skating

Sunday, January 29, 2023

Sky Rink at Chelsea Piers • New York, New York

SCNY Tel. (646) 638-0030



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Sunday, January 29, 2023

Entry Deadline: December 19, 2022

I. COMPETITION OVERVIEW

The SCNY Synchro will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, a Learn to Skate USA member, or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

The Skating Club of New York, the USFS and Sky Rink at Chelsea Piers accept no responsibility for injury or damage sustained by any participant in this competition; competitors assume the risk of competing in accordance with USFS Rule 3222. The selection of all officials will comply with the rules for competitions as set out in the USFS Rulebook and in the criteria developed for USFS Basic Skills competition

COVID-19 INFORMATION:

All participants must follow the U.S. Figure Skating and Chelsea Piers Covid Policy in effect at the time of the event.

EVENTS OFFERED:

[Click HERE to view the program requirements for the current season.](#)

SYNCHRONIZED SKATING	JUDGING	Team Fee	Skater Fee
Snowplow Sam	6.0	\$150	\$5
Aspire Beginner	6.0	\$150	\$5
Aspire Pre-Preliminary	6.0	\$150	\$5
Aspire Preliminary	6.0	\$150	\$5

Entry fees include high definition digital download of team's performance per team and one on-ice team photo.

II. ELIGIBILITY

TEST LEVEL:

- For synchronized skating teams, this competition is not requiring that moves-in-the-field test requirements for the team's level be met, with the exception of the maximum allowed at the Compete USA levels (Snowplow Sam Synchro and Aspire levels).

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

TEAM SERVICE PERSONNEL

Teams are permitted a maximum of two team service personnel. Team service personnel must have a green lighted background check and completed SafeSport™ training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

Deadline – We may not be able to accommodate all entries. Entries must be submitted online **no later than midnight, December 19, 2022. Late entries will NOT be accepted.**

Entry Fees – Entry fees include high definition digital download of team's performance per team and one on-ice team photo. \$150/Team *and* \$5/Skater

Register On-Line ONLY at <http://comp.entryeeze.com/Home.aspx?cid=527>

All on-line registrations will require payment by credit card (Mastercard, Visa or Discover).

MUSIC SUBMISSION/UPLOAD:

WE WILL BE USING ELECTRONIC MUSIC FOR ALL EVENTS. All teams are being requested to submit their music in advance of the competition by uploading their mp3 file on Entryeze competition entry site. A CD MUST BE AVAILABLE FOR USE AS A BACK-UP AT THE COMPETITION.

MUSIC DEADLINE IS JANUARY 3RD

After you have paid for your events, the system will prompt you to upload your team's music. If your team's music is not available at that time, you can logout of your account and return later to upload the music by going to the "competition" tab and then selecting "my music."

REFUND POLICY

Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA, The Skating Club of New York, and Sky Rink at Chelsea Piers accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Sky Rink at Chelsea Piers

Pier 61

New York, New York 10011

Rink size -The ice surface for all events measures 185' x 85' with rounded corners

Practice Ice – There is no practice ice available for this competition.

Admission: There will be no charge for admission

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

U.S. FIGURE SKATING TRAVEL POLICY:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

SCHEDULE:

Schedule will be posted on the competition website <http://comp.entryeeze.com/Home.aspx?cid=527> at least one week prior to the event.

The competition is scheduled from 8:30am to 11:50am.

ONSITE CHECK-IN:

The registration table will be open 1 hour before the competition begins. Teams will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

AWARDS:

All teams in places 1st through 4th will receive a medal. All events are final rounds. ALL awards will be made on ice at the end of the competition.

PHOTO/VIDEO:

Entry fees include one high definition digital download of team's performance per team and one on-ice team photo. Additional videos and photos may be purchased from Vision Photo & Video <http://www.visionphotovideo.com>

CONTACT INFORMATION:

Inquiries: mail@thescny.org



LEARN TO SKATE USA - SNOWPLOW SAM SYNCHRO AND ASPIRE SYNCHRO (effective July 1, 2022)

The Complete USA competition program is for Learn to Skate USA skaters who are interested in a first competition experience while taking the Synchro 1-4 badges to the next level. In order to safely practice and compete, it is strongly recommended that skaters have mastered the elements of the division in which they are competing (see program requirements).

<p>SNOWPLOW SAM SYNCHRO</p> <p>2:10 max</p> <p>5 Elements</p> <p>Required Holds None</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>13 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a forward glide on an inside or outside edge on one or two feet</p> <p>Change of rotational direction, change of configuration, and travel not permitted</p>	<p>One Line Element</p> <p>Forward skating only</p> <p>Change of axis and change of configuration not permitted</p>	<p>One Block Element</p> <p>Forward skating only</p> <p>Change of configuration and pivoting not permitted</p>	<p>One Wheel Element</p> <p>Forward skating only</p> <p>Change of rotational direction, change of configuration, and travel not permitted</p>	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p>Forward skating through the point of intersection</p> <p>Choice of:</p> <p>Upright two foot glide</p> <p>Upright one foot glide</p>	<p>Additional Items for Snowplow Sam</p> <p>Additional well-balanced SYS elements permitted.</p> <p>Judges will evaluate first element type presented.</p> <p>Elements higher than Basic 6 not permitted.</p> <p>Some common elements above Basic 6 are mazurka, half flip, waltz jump, etc.</p>
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<p>ASPIRE BEGINNER</p> <p>2:10 max</p> <p>5 Elements</p> <p>Required Holds None</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>16 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a forward glide on an inside or outside edge on one foot</p> <p>Change of rotational direction, change of configuration, and travel not permitted</p>	<p>One Line Element</p> <p>Forward and backward skating permitted</p> <p>Change of axis and change of configuration not permitted</p>	<p>One Block Element</p> <p>Forward and backward skating permitted</p> <p>Change of configuration and pivoting not permitted</p>	<p>One Wheel Element</p> <p>Forward and backward skating permitted</p> <p>Change of rotational direction, change of configuration, and travel not permitted</p>	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p>Forward skating through the point of intersection</p> <p>Choice of:</p> <p>Upright two foot glide</p> <p>Upright one foot glide</p>	<p>Additional Items for Aspire Beginner</p> <p>Additional well-balanced SYS elements permitted.</p> <p>Judges will evaluate first element type presented.</p> <p>Elements higher than Basic 6 not permitted.</p> <p>Some common elements above Basic 6 are mazurka, half flip, waltz jump, etc.</p>
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LEARN TO SKATE USA - SNOWPLOW SAM SYNCHRO AND ASPIRE SYNCHRO (effective July 1, 2022)

The Complete USA competition program is for Learn to Skate USA skaters who are interested in a first competition experience while taking the Synchro 1-4 badges to the next level. In order to safely practice and compete, it is strongly recommended that skaters have mastered the elements of the division in which they are competing (see program requirements).

<p>ASPIRE PRE-PRELIMINARY</p> <p>2:10 max</p> <p>5 Elements</p> <p>Required Holds 2 different holds shown by the whole team for any length of time</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>17 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a backward glide on an inside or outside edge on one foot</p> <p>May contain any of the below features*</p> <p>Choice of:</p> <p>Change of rotational direction</p> <p>Change of configuration</p> <p>Travel</p>	<p>One Line Element</p> <p>Forward and backward skating permitted</p> <p>May contain any of the below features*</p> <p>Choice of:</p> <p><u>Change of axis</u></p> <p>Change of configuration</p>	<p>One Block Element</p> <p>Forward and backward skating permitted</p> <p>May contain any of the below features*</p> <p>Choice of:</p> <p>Change of Configuration</p> <p>Pivoting</p>	<p>One Wheel Element</p> <p>Forward and backward skating permitted</p> <p>May contain any of the below features*</p> <p>Choice of:</p> <p>Change of rotational direction</p> <p>Change of configuration</p> <p>Travel</p>	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p>Forward skating through the point of intersection</p> <p>Choice of:</p> <p>Upright two foot glide</p> <p>Upright one foot glide</p> <p>Forward lunge</p>	<p>Additional Items for Aspire Pre-Preliminary</p> <p>Additional well-balanced SYS elements permitted.</p> <p>Judges will evaluate first element type presented.</p> <p><i>*Teams may attempt any number of the listed features. However, teams may also elect to not attempt any of the listed features.</i></p>
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<p>ASPIRE PRELIMINARY</p> <p>2:10 max</p> <p>5 Elements</p> <p>Required Holds 2 different holds shown by the whole team for any length of time</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>17 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain at least one of the below features**</p> <p>Choice of:</p> <p>Change of rotational direction</p> <p>Change of configuration</p> <p>Travel</p>	<p>One Line Element</p> <p>Forward and backward skating permitted</p> <p>Must contain at least one of the below features**</p> <p>Choice of:</p> <p><u>Change of axis</u></p> <p>Change of configuration</p>	<p>One Block Element</p> <p>Forward and backward skating permitted</p> <p>Must contain at least one of the below features**</p> <p>Choice of:</p> <p>Change of Configuration</p> <p>Pivoting</p>	<p>One Wheel Element</p> <p>Backward skating only</p> <p>Must contain at least one of the below features**</p> <p>Choice of:</p> <p>Change of rotational direction</p> <p>Change of configuration</p> <p>Travel</p>	<p>One Intersection Element</p>	<p>Additional Items for Aspire Preliminary</p> <p>Additional well-balanced SYS elements permitted.</p> <p>Judges will evaluate first element type presented.</p> <p><i>**Teams must attempt at least one of the listed features. However, teams may include more than one of the listed features.</i></p>
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LEARN TO SKATE USA - SNOWPLOW SAM SYNCHRO AND ASPIRE SYNCHRO (effective July 1, 2022)

The Compete USA competition program is for Learn to Skate USA skaters who are interested in a first competition experience while taking the Synchro 1-4 badges to the next level. In order to safely practice and compete, it is strongly recommended that skaters have mastered the elements of the division in which they are competing (see program requirements).

Judges' Deductions (Applies to Snowplow Sam and all Aspire Synchro Divisions)	
Description	Deduction
Costume violation (see costume guidelines)	0.1 from the component mark
Costume failure	0.1 from the component mark
Program time violation every 5 seconds in excess (referee to inform judges)	0.1 from both marks for every 5 seconds in excess
Fall, 1 skater (each time)	0.1 from technical mark
Element not according to requirements	0.2 from technical mark
Omission of an element (not attempted)	0.6 from technical mark
Illegal element (see rulebook)	1.0 from both marks
Holds (incorrect number and not shown by the whole team)	0.2 from technical mark per missing hold

Element Configurations for Teams of 5 Skaters		
Block	Wheel	Circle
Configuration: three lines of 5 skaters (2,2,1)	Configuration: one spoke of 5 skaters	Configuration: one circle of 5 skaters

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Eligibility Rules:

- All skaters on the team must be either full U.S. Figure Skating members or members of the Learn to Skate USA program. All Learn to Skate USA synchronized skating teams must be registered with U.S. Figure Skating and have a team number.
- Skaters competing in the Snowplow Sam Synchro through Aspire pre-preliminary divisions may have passed the pre-preliminary moves in the field, freestyle and/or dance* test, but no higher.
- Skaters competing in the Aspire preliminary division may have passed the preliminary moves in the field, freestyle and/or dance* test, but no higher.
- The skater's test level is as of the nonqualifying or Compete USA competition entry deadline.
- No skater may compete on multiple Learn to Skate USA synchronized skating teams and/or cross skate to any of the U.S. Figure Skating competitive divisions.

**Skaters may pass two of the three required dance tests for the pre-bronze level and still be eligible to compete in Snowplow Sam Synchro and Aspire Synchro. Once a skater has passed all three of the required pre-bronze dance tests, the skater is ineligible to compete in Snowplow Sam Synchro and Aspire Synchro.*

Age/Number of Skaters:

- The ages for Learn to Skate USA synchronized skating teams are as of the preceding July 1st.
- Each team must have between 5-20 skaters. Teams may have a maximum of 4 alternates listed on their roster, in addition to the maximum number permitted on the ice for their respective divisions.

Costume Rules/Illegal Elements:

- Learn to Skate USA synchronized skating teams should follow the synchronized skating [costume guidelines](#).
- Illegal elements outlined in the rulebook apply to all Snowplow Sam and Aspire Synchro Skills divisions.

Compliance for Instructors/Coaches:

- To be credentialed as a coach at a Compete USA event, individuals coaching a synchronized skating team are required to have:
 - Learn to Skate USA instructor membership OR U.S. Figure Skating full membership.
 - SafeSport™ Training completed (for coaches 18 years of age and older)
 - SafeSport™ Training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training.
 - Background check successfully passed (for coaches 18 years of age and older).
 - Learn to Skate USA Instructor Certification completed (for coaches under 18 years of age).
 - If you have questions about compliance, the U.S. Center for SafeSport, or U.S. Figure Skating's SkateSafe Program, contact skatesafe@usfigurekating.org.